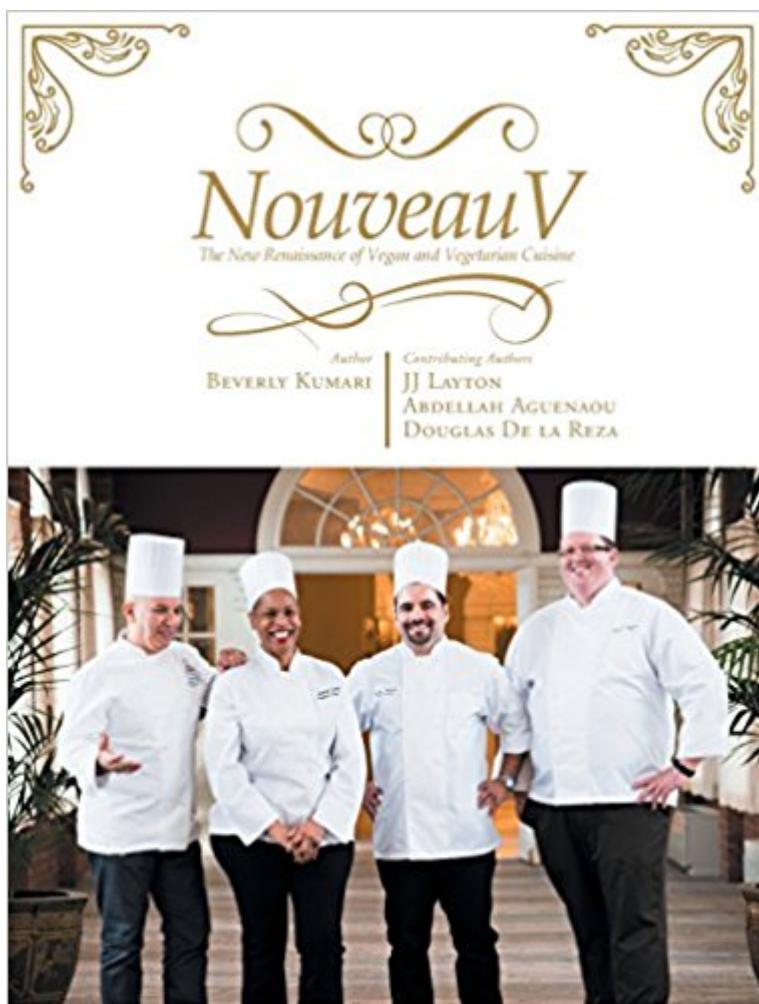


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# Nouveau V: The New Renaissance Of Vegan & Vegetarian Cuisine



## **Synopsis**

Nouveau V: The New Renaissance of Vegan and Vegetarian Cuisine encompasses the many facets of vegan and vegetarian cookery. Chef Beverly Kumari, along with Executive Chef JJ Layton, Executive Chef Abdellah Aguenaou, and Executive Chef Douglas De la Reza, have reinvented "art culinaire" with their gourmet spin on vegan- and vegetarian-friendly recipes. Each of the meatless recipes are developed in line with the same gourmet techniques used in classical and modern-day cuisine. Enjoy this culinary journey, and expect your palate to be satiated by the recipes in Nouveau V: The New Renaissance of Vegan and Vegetarian Cuisine. Bon appEtit!

## **Book Information**

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## **Customer Reviews**

Honestly, I buy a lot of cookbooks, so I'm used to looking through recipes, enjoying the design that people have created. Then comes along this beauty! I started following Nouveau V (aka, Beverly Kumi) she is a culinary genius! She's my type of cook, she's not afraid of doing exactly what top chefs are doing worldwide, only using vegan/vegetarian food. I was brought up vegan/vegetarian therefore I understand what good vegan/vegetarian food looks like. Now, Nouveau V takes things a step further, using her flare for techniques in recipes such as, mango and avocado ceviche. This book is a winner!

Chefs Kumari, Layton, Aguenaou, and De la Reza have truly reinvented the art of culinary cooking for vegan and vegetarian dishes. This is a wonderful book full of innovative dishes that even non-vegans and non-vegetarians will enjoy and find pleasing to the palate. I recommend this book

to all foodies and those that enjoy the joy of cooking. Kudos to the chefs!!

I am constantly searching for healthy alternatives when it comes to dessert. I was happy to find just that when flipping through the pages of Nouveau V. The photo of the Chocolate Chunk Coconut Cookie immediately caught my eye. The ingredients are simple and from the directions this is going to be one easy recipe for me to make. If you are like me and have a sweet tooth but crave healthier options this is the book for you. The other vegan dishes and vegetarian cuisine look just as tasty. I can't wait to try these recipes!

I love this cookbook! It has fresh wonderful ideas for someone who is vegan or vegetarian. It also give alternatives for someone like me who enjoys meat, but occasionally enjoys a vegetarian meal. I have already tired 5 recipes, all delicious. I can't wait to try more and for the next cookbook!

I like to try new recipes and my wife turned vegan about a year ago. My mom got me this book to help my kitchen skills. I'm not much of a creative thinker when it comes to food which made it a challenge when my wife turned vegan. I found the recipes to be pretty easy and now I can cook more than just a veggie burger.

Congratulations to Chef Beverly, and the Contributing Chefs. I found Nouveau V to be an innovative way of cooking, and I will be using the cookbook now and in the future. Very enjoyable read. Thank you Chefs for such a wonderful cookbook!

I loved this cookbook I recommend 100%. You will enjoy it very much preparing your delicious recipes

If you are looking for delicious vegan or vegetarian recipes, this is the cookbook for you.

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